



MyLifeCodes



STEP 1

REGISTER YOUR DNA SALIVA KIT

Once received via post you must register your kit at

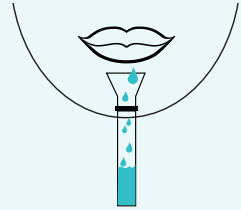
<https://www.mylifecodes.com/>

STEP 2

COLLECT SALIVA SAMPLES

You can refer to the instruction set that we have included in your test kit box.

DO NOT eat, smoke, drink or use mouthwash 30 mins before spitting your saliva to the tube.



STEP 3

RETURN YOUR SAMPLES

Return the sample to the prepaid envelope which is in your test kit (with printed shipping label).

You can drop off at the selection drop points. (check drop off points at

<https://easyparcel.com/my/en/pgeon-points/>

STEP 4

RECEIVED YOUR REPORT AND SUPPLEMENT

You will receive an email once your report is ready and **book your consultation**



www.mylifecodes.com